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The CN breaks down health care reform, p. 10

THE CARROLL NEWS

Thursday, March 25, 2010

Serving John Carroll University Since 1925

Vol. 86, No. 17

Colleran named new Arts and Sciences dean

Emily Gaffney
Campus Editor

Jeanne Colleran was appointed as the new dean of the College of Arts and Sciences on March 22.

Colleran is currently a professor in the English department at John Carroll University, where she has worked for 22 years. As a professor, Colleran has won the Cullichia Award, the Distinguished Faculty and Miles Curtis Service Award, all three are teaching awards available at JCU.

In addition to her role as professor, Colleran has served as the chair of the English department and as co-chair of the Academic Planning Committee.

It was the experience as co-chair that prompted Colleran to apply for the position.

“That experience was very enjoyable for me, especially for the opportunity it gave me to work with a terrific group of dedicated faculty. As dean, I can continue to work with faculty to think about shaping the future of the College of Arts and Sciences,” said Colleran.

In her new position, Colleran has two main objectives she would like to accomplish. First, Colleran said she hopes to make the College of Arts and Sciences more interdisciplinary. She would also like to create electronic portfolios to help students plan coursework more thoughtfully and efficiently.

Colleran said, “There is exciting change happening at JCU, with new academic programs coming into existence because of seed money and other proposals. I look forward to supporting these innovative ideas.”

The process to replace Linda Eisenmann, who left the position at the end of the Spring 2009 semester, has been continuing throughout the year.

The search committee, chaired by biology professor Jeff Johansen and tasked with finding a new dean, reviewed the more than 80 applicants. The pool of

Please see, DEAN, p.3



Photo by Taylor Horen

JCU President the Rev. Robert Niehoff, S.J. attended the Student Union meeting on March 23 and answered questions from students.

Niehoff makes an appearance

The Rev. Robert Niehoff, S.J. shared thoughts about the future of JCU; students had the opportunity to address the President, but less than a dozen attended

Nicole Green
Campus Editor

John Carroll University President the Rev. Robert Niehoff, S.J. discussed fundraising, enrollment, communication with students and other issues during the Student Union meeting on March 23.

“While I want to empower the many staff and administrators who work with and support our students, having an opportunity to spend time with students is always a great and gratifying experience for me. I thank the Student Union for their invitation,” said Niehoff via an e-mail sent prior to the meeting.

Niehoff began with opening remarks and then

answered several questions from the audience and members of Student Union. Questions were submitted on note cards distributed at the beginning of the meeting.

Student Union President Amanda Papa said Niehoff had not attended a Senate meeting since she became involved in SU her freshman year.

“I kind of wish more students had been there, but the quality of questions were good,” said Papa. “I was a little surprised that there weren’t more people, though.”

Fewer than 12 students were in the gallery for the meeting that was open to the entire JCU community.

“I want to make sure he follows up on his

word. He can’t just issue empty statements,” said junior attendee Deanna Bouchahine, regarding Niehoff’s e-mail about updating JCU’s nondiscrimination policy to include LGBT persons.

JCU’s Nondiscrimination Policy

“We are well on our way to crafting a new statement,” said Niehoff.

He said he would attend a day-and-a-half retreat with the University’s vice presidents to discuss the issue and would be looking at the Equal Employment Opportunity Policies (EEO) at two or three other institutions.

Please see, NIEHOFF, p. 3

Remodel of Campion classrooms in the works

Jayne McCormack
Staff Reporter

Thanks to a donation from a John Carroll University alumnus, Campion Hall is set to undergo a renovation this summer. The donor, Jonathan Leebow, class of ‘99 lived in Campion Hall from 1997 to 1999. He said donating the money was a great way for him to contribute back to a school that did so much for him.

Leebow said, “I really enjoyed my experiences at John Carroll. For me, [donating the money] is a way to give back to the school. I’m blessed and grateful to be in a position to do something good for the University.” Leebow, who currently works at Majestic Steel USA Inc., donated \$100,000 to JCU. He said the donation will help upgrade Campion Hall so future John Carroll students can have great experiences like he did.

“Giving the money was a way for me to pay-it-forward. I hope the contribution helps in the continued effort to make John Carroll a great



Model from Kris Willis

Campion Hall classroom will be remodeled after the above picture.

Please see, CAMPION, p. 2

Index

Campus	2	World News	9
Campus Spotlight	4	Sports	12
Arts & Life	6	Editorial	17
		Op/Ed	18
		Classifieds	20



Inside this issue

Local business sells Cleveland-themed clothing, p.7

JCU Tennis teams get a new coach, p.12



Campus Briefs

Senator will come to JCU

Ohio U.S. Senator Sherrod Brown will visit John Carroll University on Monday, March 29. His visit is sponsored by the political science department's 2010 Woelfl Seminar on Public Policy.

Brown sits on the Agriculture and Nutrition Committee and is the chairman of its Subcommittee on Hunger, Nutrition and Family Farms. He also sits on the Health, Education, Labor and Pensions Committee, among others.

The event will take place at 6:30 p.m. in the Dolan Science Center Auditorium. It is free and open to the public.

Scholarship available to seniors

The Roderick Boyd Porter Scholarship is available to any JCU senior who is scheduled to graduate in December 2010, or in May or Summer 2011.

The student, who will receive the \$7,000 scholarship, must exemplify a high level of academic achievement, demonstrate an interest in the humanities and show leadership abilities in extra-curricular activities. A GPA of 3.5 or higher is also required.

Applications are due on March 29 at 5 p.m.

For application material or more information, contact Jen McWeeny at jmcweeny@jcu.edu or 216-397-4783.

Hope Prep needs help

Students are needed to assist with Hope Prep, a program that provides academically enriching classes to fifth grade students.

The program will take place June 14 - July 16.

Applications are due by April 2.

Information and applications are available on www.jcu.edu/service/generic/gen_hopeprep.htm.

Swenson recognized as 'Distinguished Faculty' member for 2010

Sasha Hamilton-Cotter
Staff Reporter

This year's annual Distinguished Faculty Award was presented to Elizabeth Swenson, a member of the psychology department, who has been a member of the John Carroll University community for 34 years.

Criteria for the Distinguished Faculty award includes the areas of teaching, research and scholarship, advising, professional academic service, and service to the University and outside community.

A committee of faculty, students, administrators and alumni headed by George Bilgere, the 2008 award recipient, determined that Swenson exemplified all of the required standards.

Swenson attributes her career in the academic field to her family.

"My father was a chemistry professor at [Case Western Reserve University] and loved his job. It rubbed off on me. Apparently it's contagious because two of my daughters are also professors, one in political science and one in art

history," said Swenson.

Swenson said she tries to engage her students through interaction, research and enthusiasm for the subject.

During her time at JCU Swenson has experienced a number of changes, especially with a growing increase in research interest among students and administration.

Swenson is currently involved in research in professional ethics and is working on two book chapters.

One of the chapters involves the ethics of using one's own students as research participants and the other details the legal aspects of psychological assessment.

Swenson is involved in other aspects of JCU as well.

She is a member of the University Hearing Board and chair of the Institutional Review Board. Swenson is additionally the pre-law and Fulbright Graduate Fellowships adviser.

Outside of JCU, Swenson is active in the American Psychological Association, serves on the Board of Directors of the Ohio Psychological Association and chairs the

Ohio Psychological Ethics committee.

"I do a number of site visits to ensure that colleges and universities in the north central part of the country are properly accredited," said Swenson.

Swenson also serves as a faculty adviser.

"[Swenson's] teaching and advising have had a profound influence on the lives of innumerable John Carroll students," said fellow psychology professor Janet Larsen.

Swenson said that every student should get to know their professors.

"Get to know one professor a year so that you can feel a part of the academic side of the place and so that you can easily find recommenders for graduate school and job applications," said Swenson.

John Yost, Swenson's colleague in the psychology department, said, "All of us in the psychology department are very proud of [Professor]



Photo by Sasha Hamilton-Cotter

Elizabeth Swenson, a professor in the psychology department, received the annual Distinguished Faculty Award for 2010.

Swenson. It's a well-deserved award that acknowledges her career-long commitment to ethics in psychology, as well as her commitment to the educational and legal aspects of psychology."

Renovation will provide variation, space for students in Campion Hall

From, CAMPION, p. 1

school for students to attend," he said.

Kris Willis, director of planning and implementation at JCU, said Campion Hall will undergo a significant transformation. Three lounges in Campion will receive new facilities, including the Campion classroom, the recreation lounge and the elbow wing lounge. All of the lounges are located on the ground floor of Campion.

Willis said, "Each of the spaces will provide students with a variety of spaces and furniture types to socialize; to study individually or in groups; to eat in groups; to organize gaming; or to just hang out and watch TV."

The Campion classroom will get new paint and flooring, as well as new surfaces so students can work. There will also be a feature wall, where students can hang up posters for school campaigns or other areas of interest.

The classroom will also house

a new widescreen TV, as well as soft furnishings, and new tables and chairs for study purposes and booth-type seating.

Willis added that the different types of seating would give students the opportunity to choose what feels comfortable for them.

The recreation lounge, similar to the octagon lounge in Hamlin Hall, will receive a pingpong table, newly-refurbished walls and carpets.

The elbow wing lounge will receive new finishes to the floor, furniture and a widescreen TV, but the walls will not be re-painted. The aim of the renovation is to upgrade Campion Hall's recreational facilities with similar furnishings, but each lounge will have its own unique qualities.

Heather Losneck, director of residence life at JCU, said she was very excited about the renovation.

She said, "We are excited to see the ground floor lounges come to life with his donation. If students are wondering where they should



Photo from Kris Willis

The current Campion classroom, shown above, will undergo a renovation.

sign up to live next year consider Campion Hall."

Freshman Cara Stamp, a resident of Campion, said the lounges would look much better if they were renovated.

"If they were fixed up a bit, they'd definitely be sweet places

to hang out," said Stamp.

Sophomore Tom Vokac said he likes the idea of Campion Hall being renovated.

He said, "Campion is quite far from the other dorms, so it would give the residents more to do anyway."

Campus Safety Log



March 16, 2010

An exit sign was reported damaged in Murphy Hall at 8:34 p.m.

March 17, 2010

A stairwell handrail was pulled from a wall in Dolan Hall at 11:57 a.m.

March 17, 2010

Fecal matter was found in a dryer in Murphy Hall at 10:17 p.m.

March 19, 2010

Two intoxicated males were reported in the basement of Murphy at 11:47 p.m.

March 17, 2010

A group of students were reported throwing beer bottles out of a Campion Hall window at 2:59 p.m.

March 19, 2010

A student reported a roommate may have been drugged while at a bar at 4:49 a.m.

These incidents are taken from the files of Campus Safety Services, located in the lower level of the Lombardo Student Center. For more information contact x1615.

Students will see loan changes, improvements in 2010-2011

John Carroll University will adopt the Federal Direct Loan for next year, ensuring student loans

Emily Gaffney
Campus Editor

John Carroll University will be changing its financial aid for the 2010-2011 school year.

The University will be switching from the Federal Family Education Loan Program to the William D. Ford Federal Direct Loan Program.

This change will include all federal Stafford, PLUS and Grad PLUS loans.

The major difference in the new Direct Loan program is that the lender in this program is the U.S. Department of Education.

“We’re going to see [with this program] a more secure source of loans for students,” said Claudia Wenzel, associate director of financial aid.

The previous FFEL program allowed students to choose between different bank lenders.

According to Wenzel, the office of financial aid decided in January to use a new loan program.

The decision to change loan programs was made when some of students’ loan lenders pulled out of the program due to the downturn in the economy and changes in federal loan laws. This caused problems for students because when lenders opted out of the program, students were left with no source

“We really want to be proactive about this and get the word out to students now.”

- Claudia Wenzel
Associate Director of Financial Aid

for their loan.

Additionally, the application process for students will be simpler. Students will only deal with the University and not a third-party lender.

JCU will work with the U.S. Department of Education.

“Direct Loans do not sell loans to other companies, therefore students can avoid the confusion of signing paperwork with different lenders, locating loan holder information or losing a lender altogether,” said Wenzel.

With the new Direct Loan program, loan fees will be reduced so that students receive a greater disbursement of their loan. Previously 1.5 percent of the total loan went to the lender. The loan fee for the new program will be reduced to 0.5 percent, giving students more proceeds from the loan.

The Direct Loan program will provide students with more timely revisions to loans

and funds will be credited to student accounts more quickly.

In order to apply for the loan, students must first complete a new Federal Direct Master Promissory Note and Federal Direct Entrance Counseling form because the Direct Loan program is a new program at JCU. Both forms can be found on JCU’s financial aid Web site, www.jcu.edu/aidjcu/loans/, under “Stafford Loans.”

Wenzel said the process to complete the two forms will take students approximately 20 minutes.

In addition to the two forms, students must still fill out their Free Application for Federal Student Aid, which is the same form that students had to fill out with the previous loan program. Students still have time to fill out the FAFSA form to receive financial aid for next year.

According to Wenzel, transfer students

for the Spring 2010 semester were used as a test group for the loan program and it worked well.

To help the transition to the new program, a letter will be sent to students’ homes later this week detailing the steps that must be taken to secure a loan.

“We have plans to remind students of what needs to be done all along the way. We want to continue to partner with students to make the financial aid process, and ultimately the billing process, as simple and straight forward as possible,” said Wenzel.

Students can start the process of obtaining the loan now.

“We really want to be proactive about this and get the word out to students now,” said Wenzel.

The office of financial aid is also changing the way they communicate with students. Students will receive notification of their financial aid reward via e-mail. Students will then be able to view their final aid package in BannerWeb.

Wenzel said, “This change in loan programs comes with some tangible improvements to the loan process for students but will require some action on their part.”

Bridget Fitzgerald contributed to this article.

From, NIEHOFF, p. 1

Fundraising

“Meeting like this is very important. I need to get a sense of what matters to you,” said Niehoff. “But my primary responsibility [as University president] is fundraising.”

Niehoff said JCU currently raises approximately \$12 million each year, two-thirds of which comes in the form of cash. He said he has a fundraising goal of \$20 million per year for the future.

Fundraising money goes toward scholarships, academic programs, renovations and athletic programs.

Enrollment

Fluctuating enrollment, which was down this year, and losses in state and federal aid make budgeting difficult, according to Niehoff.

“Enrollment looks like a ping-pong ball, which isn’t good for planning,” said Niehoff.

The administration has an enrollment goal of 700 incoming freshman in the fall.

Academics

Niehoff said students should make sure their questions are being asked to the proper entities at JCU. Concerns about academic

programs, for instance, should be addressed to department chairs.

“Faculty at JCU absolutely control all of our academic programs,” said Niehoff.

Academic Vice President John Day said an academic minor in leadership was recently approved. He said an academic major in East Asian studies and a major and minor in peace, justice and human rights are close to happening as well.

Communication with Students

“I think every day about what will make John Carroll better,” said Niehoff. “I don’t blow off any of these questions or your concerns.”

Niehoff suggested that SU and other students meet with University vice presidents and department heads to get answers to some of their questions.

Niehoff said, “Yes, let’s do this again, but feel free to invite others.”

Student Response

“I wish we had more time, obviously our meetings can’t go on forever,” said Papa. “It [Niehoff’s visit] was positive for the future in terms of him coming to more meetings and being more involved.”

According to Papa, Niehoff has showed intent to come to another meeting in the future.

University promotes professor to dean

From, DEAN, p. 1

candidates was narrowed to three, who were brought in to interviews, before the committee recommended Colleran for the position.

John Day, academic vice president, said, “In her application and her interviews with various groups across campus, [Colleran] demonstrated her thorough knowledge of John Carroll and her readiness to use her many talents on behalf of the College of Arts and Sciences and the University in her new role.”

Colleran will begin her new position on Aug. 1, taking over for Beth Martin who has served as interim dean this year.

Martin said, “I’ve offered to share whatever I am able with her as she embarks on this new journey. I look forward to her leadership as she joins a strong leadership team at JCU.”



Photo from Jeanne Colleran

Jeanne Colleran will take over as Dean of the College of Arts and Sciences in August.

CAMPUS CALENDAR : MAR. 25 - MAR. 31

25	Thursday	26	Friday	27	Saturday	28	Sunday	29	Monday	30	Tuesday	31	Wednesday
Karaoke will take place in The Underground at 6 p.m.		“Juno” will be shown in Dolan Science Center Auditorium at 8 p.m.		“Family Food” Game Show will take place in Kulas Auditorium at 11 p.m.		A brunch for students interested in post-graduate service will be held in the O’Dea Room at 10:30 a.m.		Daily Mass will be held in St. Francis Chapel at 12:05 p.m.		The softball team will play Ohio Wesleyan University at 3:30 and 5:30 p.m.		The Dining Hall will close after lunch. Residence Halls will close at 7 p.m.	

Featured John Carroll bloggers



Rob Pitingolo is a fifth-year senior pursuing a master's degree in economics at John Carroll University. He began blogging in November 2004 when he created "Extraordinary Observations." The blog discusses politics, urbanism and economics from the perspective of a member of "Generation Y."

"Extraordinary Observations" can be found at blog.robpitingolo.org.



Elizabeth Stark is a junior at JCU working towards a degree in communications, with an interest in a broadcast journalism career. She has turned to a strict, vegan diet to help her manage her Crohn's Disease and numerous food allergies. Her journey through her hardships is documented in her blog, "VeggieGirl."

The blog can be found at veggiegirlvegan.blogspot.com.



Philip Metres is an associate professor of English at JCU. He has written numerous books on poetry, including his most recent "To See the Earth." His blog, "Behind the Lines: Poetry, War, & Peacemaking," reviews and discusses poetry dealing with cultural and social issues revolving around conflict.

The blog can be found at behindthelinespoetry.blogspot.com.

Photos from blog.robpitingolo.org, Dan Cooney and jcu.edu/suenens/past.htm

Blogging reaches new hype among social and business worlds

Nicole Green
Campus Editor

Green-living expert Sara Snow wrote last week about "A Part of Something Big," a program that sells fair-trade and environmentally-friendly items through school fundraising. In her entry, she discussed products sold such as soaps made by women in a Chicago substance abuse home, and coffee from companies who farm without slashing forests.

She tags blog entries like this one with short phrases that are relevant to the entry, and the tags are used to sort the entries into topical categories. Her users can comment on the blog entries, opening up conversation with the television host and Fitness Magazine contributor.

Certainly, numerous natural-green-earth-friendly companies are shipping their products to Snow with the hope that she will recommend their products to her followers. Such requests for endorsements are common for popular blogs.

In fact, the Federal Trade Commission updated its rules concerning endorsements in Oct. 2009 to address blog-related advertising.

An FTC press release states that, "the post of a blogger who receives cash or in-kind payment to review a product is considered an endorsement. Thus, bloggers who make an endorsement must disclose the material connections they share with the seller of the product or service."

The blogosphere is inhabited by numerous content-creators, like Snow, whose entries are sources of news, entertainment and recommendations for their followers.

The New York Times publishes more than 20 blogs on its Web site and the Wall Street Journal has many of its own. But many blogs are not affiliated with journalistic institutions or celebrity status.

Web sites such as blogger.com and wordpress.org provide free blogging platforms to users, which make the creation of blogs accessible and convenient. Nearly anyone can publish his or her thoughts on the Internet.

Bloggers are not necessarily trained to know laws about libel, copyright infringement and product-promotion. The ethics of journalism are not always followed or understood.

"I really believe that everyone needs an editor, and that can be a drawback to a blog," said Carrie Buchanan, an assistant professor in the Tim Russert Department of Communications and Theatre Arts.

Many bloggers do not have access to an editor. There is often no fact-checker sifting through blog entries for truth and accuracy.

Even blogs that are associated with credible organizations could be posted before an editor has a chance to check for errors, according to Buchanan.

She said, "We have to be ever-vigilant, even if reading a respectable blog."

While the ethical and legal issues are being worked out, the blogosphere remains active and full of contributors.

"Some students are natural bloggers and could make a living this way," said Buchanan, who incorporates blogging into her journalism classes at JCU.

Buchanan said that blogs are less formal and briefer than traditional news articles, and the interactivity – the ability to provide links and hear back from readers – is very helpful.

"The blog allows me to have an online file that I can return to, and show others."



Philip Metres,
an associate
professor in
the JCU
English
Department



Students blog their minds

Dan Cooney
Campus Spotlight Editor

Princeton University's WordNet defines a blogger as "a person who keeps and updates a blog, [which is] a shared online journal where people can post diary entries about their personal experiences and hobbies." Some blogs have gained national prominence as avenues for opinion, cooking recipes, travel experiences and relationship advice. Bloggers include experts, amateurs, senior citizens, working individuals and even students.

John Carroll Senior Rob Pitingolo started his blog, "Extraordinary Observations" (blog.robptingolo.org) in November of 2004. He writes about politics, urban activities and economics from the perspective of a member of "Generation Y."

"I started really taking the blog seriously when I decided I wanted to improve the quality of content, the frequency of posting, and build a loyal reader base," Pitingolo said. "I blog because it is the most effective vehicle for me to articulate my thoughts on the topics I think about everyday."

Junior Elizabeth Stark writes on her blog, VeggieGirl (veggiegirlvegan.blogspot.com), about her battles with Crohn's Disease, numerous food allergies, and her determination to not let those affect her life.

"I blog about my life experiences since I know that others out there can relate," she said.

Both bloggers have gained loyal readers during their relatively short time on the blogosphere. Pitingolo receives about 2,000 unique visitors per month and has approximately 150 RSS feed subscribers, who receive updates to his blog when he posts. Stark's blog posts receive a steady amount of comments, even though recently she has blogged less frequently.

"I appreciate each and every comment that I receive and the fact that people are interested in the blog," she said. "I was even recognized as 'the VeggieGirl blogger' while vacationing in Chicago two years ago by a reader."

Pitingolo and his blog are syndicated on numerous Web sites and blogs for young professionals. Last summer, he was invited to write on Newsweek Magazine's "Generation O" blog, which chronicled eleven Obama voters from across the country.

"I blog because I enjoy the art of writing and because I appreciate the feedback I get from readers," Pitingolo said. "I have interacted with people from all over the world on topics that we find mutually fascinating."

Stark finds blogging to be a great way to show her creativity and express herself to people all over the world on a topic she finds interesting.

"It is a lot of fun no matter what topic you blog about – it is all up to you," she said. "For me, blogging is a great way to connect to other individuals and to keep my 'creative juices flowing.'"

Stark also believes that people who read blogs need to be able to fact check to make sure the information they read is true.

"Blogging has definitely increased the amount of 'citizen journalism' in American culture, and has also forced people to be more selective with what they choose to read and believe," she said.

Pitingolo disagrees. He believes blogs have gained prominence as important sources of news and other information.

"But the reality is that good blogs are rewarded with many readers, and bad blogs are punished [because] no one visits them," he said. "Americans are beginning to understand that blogs are an efficient and effective way to deliver everything from breaking news to editorials to sports coverage."

Professor's blog generates thousands of hits

Kaitlin Gill
The Carroll News

Blogging is no doubt a rising phenomenon, but how exactly does it affect the John Carroll community? Students and faculty both blog. One example of this is Philip Metres, an associate professor in the JCU English Department.

He entered the blogosphere in 2007 by creating "Behind the Lines: Poetry, War, & Peacemaking." His blog explains "further thoughts on the cultural labor of poetry and art."

For Metres, his blogging seems to serve as a new, more convenient manner of expression—an online file, available to the public eye. He affirms that the blog is a kind of living archive for himself.

"I used to Xerox or print articles and poems and stories of interest and throw them in a file, often never to be seen again," Metres said. "The blog allows me to have an online file that I can return to, and show others."

His blogs have enlightened an audience of around 65 admirers, and get nearly one hundred "hits" on a daily basis—an impressive 45,000 since 2009.

"I used to blog every day, and when I woke up I already started thinking about what I'd write, [but] now, it's a once-a-week arrangement," Metres said. "Every time I think of folding up my digital tent, I will meet someone who says something admiring about it."

In addition to reviewing collections of recent poetry, discussing selected poetry and art on peace and conflict, and posting about political happenings in the Middle East, Metres has directed some blog posts towards the John Carroll community, which truly got students and administration more involved.

He said, "I posted a couple entries on our own university movement to articulate a policy of non-discrimination based on sexual orientation; I was thrilled by both the student response and by the administration's ability to listen and change."

Metres is not sure, however, that many people at John Carroll are affected by his blog.

"I doubt more than a handful of my colleagues and students even know that I blog," he said.

Metres confesses that the blogosphere now yields to the ever-popular Facebook and Twitter "[though] both Facebook and Twitter seem to me too much social networking and not enough thoughtful rumination," he said.

According to Metres, there is insight within intellectual and thought-provoking blog posts.

He said, "Facebook has made social life in a small college at times suffocating, and for some, utterly intolerable, [whereas] blogs are limited by the minds of those who build and write them; mine is a niche, and I expect and hope that its readers are instigated to learn more about the perspectives and work published there."

Professor Metres's blog posts can be found at either philipmetres.com or behindthelinespoetry.blogspot.com.

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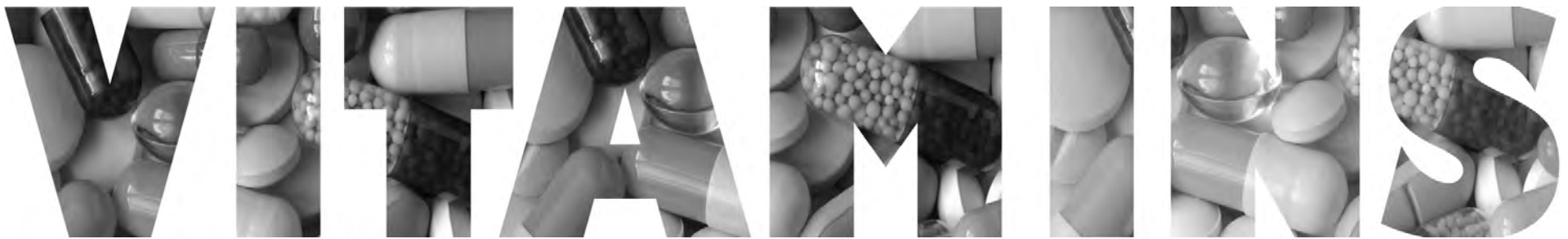
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Are they vital to your health?

**Brittany Brocklesby
Jennifer Holton**
The Carroll News

Americans spend over 6 billion dollars on vitamins every year, and about 40 percent take at least one vitamin daily to aid their bodies in functioning normally.

“I’ve taken vitamins before, but I don’t take them now,” said freshman Gillian Ganley. “I don’t really know much about them.”

Those that do understand the benefits of vitamins may still choose to find their nutrients elsewhere.

Senior Sara Nunney gets her nutrients from a drink mix.

“I don’t take vitamins because my mom told me to mix Ovaltine in my milk,” she said. “I drink a glass of it every morning, and it gives me the vitamins that I need.”

Depending on one’s diet and

exercise routine, vitamins can be imperative to leading a healthy lifestyle.

“Vitamins are essential. There are some who believe you should augment your diet with a multivitamin, but I usually say it’s a complicated issue,” said Karin Palmer, nutritionist for John Carroll’s Health Center. “Vitamins and minerals are necessary to helping with our bodily processes.”

Palmer said that for college students, it’s not a bad idea to take a multivitamin once a day.

“I’ve never taken vitamins before but since eating on campus, I’ve decided that I need to start taking them,” said freshman Ketj Suljai. “I even have a list of things I need from CVS, and on it is multivitamins.”

For those who don’t eat healthy, relying on vitamins to keep your

body in good condition isn’t the best idea, according to Palmer.

“You can’t say ‘I’m not eating right, I’m just going to take a vitamin,’ because there is no one vitamin that’s going to give you everything,” she said.

On the other hand, even people who do eat healthy may not be getting the vitamins and minerals needed daily.

For example, every hour a freshly picked apple sits out, it loses vitamins. Similarly, humans can be deficient in vitamins, making them even more essential to take.

According to senior Teree Harris, a member of the football team, taking a multivitamin everyday is crucial for him during the season.

“Taking [a multivitamin] helps keep my body strong and healthy which is important,” he said.

Our bodies rely on vitamins to grow and develop, but also to ward off disease and boost immune systems.

According to vitaguide.org, every year an estimated 500,000 strokes, 1.3 million cases of cancer, and 14 million cases of heart disease can be prevented by taking a multivitamin daily.

Vitamins typically fall into two different categories: fat soluble and water soluble.

Fat soluble vitamins, such as vitamins A, D, E and K, are stored in the liver and fat tissues of the body until needed.

Nourishedkitchen.com, a Web site that displays recipes with nourishing, whole foods, states that low-fat, no-fat and vegan diets are lacking in fat soluble vitamins. The higher quality the fat, the more

likely the food is to contain the fat soluble vitamins.

Vitamin D, one example of a fat soluble vitamin, helps the body absorb calcium for bones to grow. It can be found naturally through the skin from sunlight, or through egg yolks, and milk fortified with vitamin D.

Water soluble vitamins, such as vitamins C and B (complex vitamins), need to dissolve in water before the body can absorb them.

These vitamins cannot be stored and need to be replaced often.

Different vitamins are beneficial to certain parts of the body and can be consumed by taking a daily vitamin or by consuming different types of food.

Regardless of how vitamins are consumed, it is important that they are obtained for the body’s sake.



photos from naflavite.com and vitamind3uk.com

Entertainment Calendar

Check out what’s happening on campus and in Cleveland this week!

3.25
Lab Partners
Grog Shop
9 p.m.
\$5

3.26
The Swartz Brothers
Beachland Ballroom
8 p.m.
\$6

3.26
Matthew Good
House of Blues
6 p.m.
\$10

3.27
Exit Cleveland
Grog Shop
7:30 p.m.
\$15-18

3.28
Bone Thugs-N-Harmony
House of Blues
8 p.m.
\$28-\$40

'The Bounty Hunter' fails to excite

Craig Willert
Editorial & Op/Ed Editor

MOVIE REVIEW

'The Bounty Hunter'



Just when I thought Jennifer Aniston couldn't top her last blockbuster hit "Love Happens," along came "The Bounty Hunter." Paired with Scottish sensation Gerard Butler ("300"), Aniston delivers another weak performance in her umpteenth attempt at a romantic comedy.

At times, I struggle to decipher whether a duo has what professionals call "on-screen chemistry." This one was pretty apparent though, as both Aniston and Butler struggled to get in sync in a movie composed of multiple little coincidences and one-liners.

Aniston plays a driven, career-oriented news reporter for The Daily News hoping to break a major story about corruption in their local police force. While Butler, Aniston's ex-husband in the movie, portrays a washed-up, former cop turned bounty hunter that tracks down minor felons for a decent sum of money. Butler receives the ultimate opportunity for revenge when his next order is to reign in Aniston for missing her court date.

A boring, predictable storyline will even

make the easily-enter-tained bored to death. Slow to develop, it took nearly 100 minutes for any kind of excitement to unfold.

Even then, it wasn't enough to engage, excite or interest the moviegoers because of the predictability.

This movie would have done better if it

were released in 1988. When our parents were growing up, there was an interest for a heterosexual, battle of the sexes movie that demonstrated the bickering that happens between the genders.

"The Bounty Hunter" hoped to demonstrate the differences between men and women and human behavior. Quite the opposite happened.

Instead, the comedy and sophomoric jokes dumbed down their personalities and



Butler and Aniston fail to connect onscreen in "The Bounty Hunter."

photo from allmoviephoto.com

made for a sequence of poorly written lines and scenes.

Butler, who plays Milo Boyd in the film, has fallen into the role of playing a self-immersed Neanderthal that desensitizes the audience from what could've been some decent humor. His continual rude and petulant remarks to his counterpart Aniston, give men hope that it's OK to act like a jerk to women. Similar to his role in "The Ugly Truth," Butler portrays the typical shallow man who is

more worried about physical features and fails to emotionally connect with women ... until the end.

An ending is best when it's unpredictable. Audiences sit on the edge of their seats, racing through every possible outcome in their heads, anxiously anticipating the conclusion.

Well, I hate to break it to you, but that doesn't exactly happen in this one.

Rather, it's more like you try to play the game, "Predictability Streak." Basically, you see how many times in a row you can guess what

will happen next (hint: pick what seems most predictable).

Overall, "The Bounty Hunter" portrayed a dichotomy so relentlessly overdone that you might as well save your money, stay home, and watch a real bounty hunter, like Duane "Dog" Chapman from "Dog the Bounty Hunter."

At least that would be more unpredictable and an accurate display of life.

C.L.E. Clothing Co. helps Cleveland fans show their pride

Gina Imbrigiotta
The Carroll News

Founded in 2008 by, as their tagline says, "two dudes with an idea and a mission," C.L.E. Clothing can help people show pride in the "2-1-6."

Now, you can represent your city with these Cleveland-themed T-shirts that show love for the city in a whole new way.

All of the T-shirts are made out of American Apparel tees. Clevelanders can unite through these witty displays of pride such as, "It's Still the Jake to Me" and "216: Respect the Code."

This new line is a Cleveland die-hard's dream come true.

John Carroll sophomore Chris Eggleton finds the T-shirts perfect for Cavs games, Indians games, or

whenever you want to show some love to Cleveland.

"My favorite is the one that says '440 ... It's for the 'Burbs,'" said Eggleton, who was born and raised in a suburb of Cleveland.

The tees convey messages that can even be inside jokes only Clevelanders would recognize, such as one shirt that has a collage on the front of a little bit of everything Cleveland.

Junior Nick Hermez noted that he liked the tees that are unique to the city,

such as the collage

tee with phrases

such as

"Super-

man

was born

here," "Wit-

ness," and "Chris-

mas

Ale."

"The leg lamp on the collage shirt shows uniqueness to Cleveland," he said.

They have been carrying out their mission, and have

compelled even a Steelers fan to admit their brand is pretty cool.

"You can be sure I won't be wearing any of the tees that say I am a Browns fan," said sophomore and Pittsburgh native Laura Sudo.

"Still, I wouldn't mind repping Cleveland and I would like it if Pittsburgh would start making tees like these."

Freshman Laura Kisthardt said that JCU students from Pittsburgh who see the tees would definitely take note of them.

encourages Cleveland fans from all over the country to stylishly unite with their brand.

The prices remain reasonably affordable for customers, ranging between \$10 and \$20 for these one-of-a-kind shirts.

Interested buyers can order these shirts through their Web site cleclothing.bigcartel.com or can find stands that sell them at local malls such as Beachwood Place in Lyndhurst, and Southpark Mall in Strongsville.

Home of LeBron James, the Rock 'n Roll

Hall of Fame,

and now

C.L.E.

Cloth-

ing,

these "2

dudes with

an idea and a mis-

sion" for carrying

out their duty as

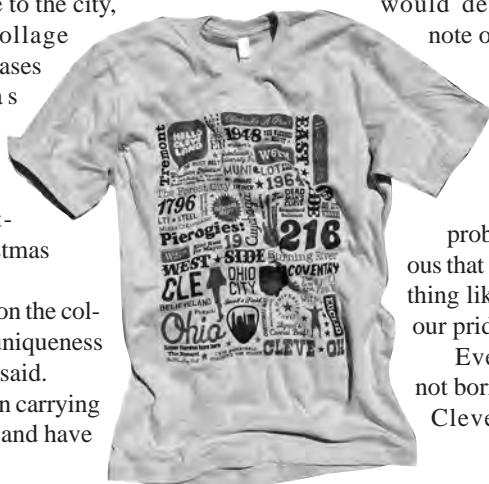
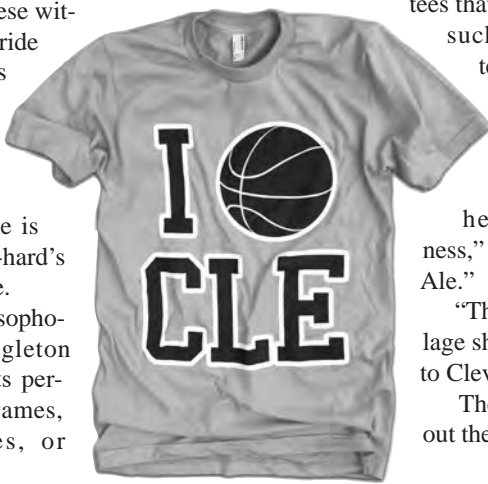
true Clevelanders

are "spreading

Cleveland Pride

one T-shirt at a

time."



photos from blog.cleveland.com, cleclothing.bigcartel.com, and cleclothingco.blogspot.com

Pick-Up Line of the Week



"You must be the new health care bill, because I can see you covering me."

*Submit your own pick-up lines by e-mailing jholton12@jcu.edu.

Celebrity Tweet of the Week

This section is dedicated to honor those Twitter-happy celebrities who take the time out of their busy day to drop us a line or two of wisdom and humor. If there is a celeb tweet you find worthy, e-mail it to jholton12@jcu.edu!

Ingrid Michaelson asked the question I'm sure a lot of adult celebs are wondering about this pubescent child who seems to be the next Justin Timberlake.



"Who the hell is Justin Bieber?"

photo from zimbio.com



Hello Spring!

Need some color for Greek Week, Spring Formal & Graduation ...

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WORLD WIDE WEB



Sean Webster
World News Editor

It's party time

There's nothing more American than apple pie and democracy. But right now, our democracy is like an apple pie cut up into 435 slices, with each representative looking out for his own slice of the pie. The result is a political system that's dominated by special interests, which chip away at the general welfare of the nation.

If I've lost you already, here's a hypothetical example to illustrate what I mean: imagine a representative who must choose between two bills. One would bring 100 new jobs to a neighboring district. Another would bring 50 new jobs to his own district. Which would better promote the general welfare of the country? The former bill, of course. But since the representative was only elected by the members in his district, it's easy to see how he would probably place their interests above the interests of the rest of the nation and choose the second bill.

Unfortunately, this happens all too often in D.C. For example, despite the fact that solar power from Arizona and wind power from the Dakotas could provide the entire country with renewable electricity, senators from northeastern states have opposed proposals to build a national power grid that would make it possible to export that energy to other states that need it. Why? To protect their own local energy suppliers.

Then there's the billions of dollars that could be put towards education, lowering taxes or paying off the debt, but are instead used to build more jets, aircraft carriers or missiles that we won't need, all for the purpose of providing a few jobs for a district or two.

And don't forget about the hundreds of "pork barrel" projects passed by Congress each year that result in thousand-page bills – like the health reform bill or last year's stimulus bill – and billions of wasted dollars.

So is there any way we can make the federal government more efficient? Here's a simple solution: remove the arbitrary district lines that divide the country. These districts not only make it easier for special interests to invade public policy, but also result in gerrymandering – a process that divides districts politically so they favor one party or another.

Instead, citizens should vote for political parties. Here's how this would work: if a party won 20 percent of the national vote, it would be awarded 20 percent of the seats in the House of Representatives. Party leaders would determine who would hold these seats, which would make parties more ideologically disciplined. Republicans would probably promote more conservative policies, while Democrats would promote more liberal policies. This would also likely result in the creation of a third or fourth party that would embrace more moderate policies.

Without specific districts to cater to, parties would have to develop and carry out a plan that would benefit all of their supporters no matter where they are – which would result in a greater promotion of the public good.

In his 1796 Farewell Address, George Washington warned against the threat of political parties. But parties are here to stay. It's time that we embrace them.

Contact Sean Webster at
swebster11@jcu.edu



World Briefing



1. Israel resists U.S. pressure

At a meeting between Benjamin Netanyahu, the Israeli prime minister, and U.S. lawmakers, Netanyahu stood firm against a complete halt to Israeli settlement construction in Palestinian territories. Palestinians consider halting settlements as a precondition to peace talks. He said that peace negotiations could be stalled for another year unless Palestinians dropped that precondition. Pictured above, an Israeli newspaper claims that Obama is part of the Palestine Liberation Organization.



2. Russia to help Iran with nuclear site

As Secretary of State Hillary Clinton arrived for a trip to Russia last week, Russian Prime Minister Vladimir Putin, shown above shaking hands with Clinton, announced plans to help Iran build a nuclear power plant this summer. Clinton publicly disagreed with the decision, calling it "premature" as the United States leads an international effort to persuade Iran to give up its nuclear program. However, Russia has promised to remove spent fuel that could be converted for weapons use.



3. Google shuts off Chinese services

Google shut off its Internet search service in China on March 22 because of the country's censorship and attacks from hackers. Chinese users are now redirected to Google's uncensored search engine in Hong Kong. Google had threatened to pull out of China in January after uncovering sophisticated cyber attacks that were traced to China. Chinese authorities called the move "totally wrong."

– AP images and information
compiled by Sean Webster

Obama fulfills promise to reform student loans

Rita Rochford
Staff Reporter

With the reconciliation health care reform bill passed, a supplementary piece of legislation added to it will provide reform to the student loan program. This student loan reform will drastically change the role of banks as well as the role of the government in providing student loans.

At the heart of this legislation, approximately \$36 billion will be directed over the next 10 years to finance Pell grants. Pell grants are part of a federal program designed to provide funding to promote undergraduate and post-baccalaureate education on the basis of financial need. Students can then take these grants and select one of 5,400 different participating institutions to seek academic enrichment.

The passage of this bill will essentially minimize the role of private lenders, who currently receive payment if students default on loans. Instead, students in need can look to the federal government for direct loans that are designed to keep rates down. To determine the rates of these loans, "the government will

look to the private market for guidance," said Lindsay Calkins, a professor of economics at John Carroll University. "But it also depends on what their objectives are. If they want more people to go to college, then they'll charge a lower interest rate," said Calkins.

"At the same time, that could result in more defaults, which would cost the government more money," she said.

Those like Rep. George Miller of California, chairman of the House Education and Labor Committee, asserted positive sentiments alluding to the potential for America to keep jobs in the country. He also noted that the legislation will better prepare the nation's youth to contribute to a global economy.

Although those in favor, such as Secretary of Education Arne Duncan, view this legislation as significant reform for middle and working class Americans to obtain the means necessary to fund a higher education, those opposed view it as superfluous.

Some estimates calculate that the United States taxpayers will save \$60 billion over the next 10 years by cutting out these lenders, who had been profiting off of the old system.

"The banks profited because there was no

risk involved in lending to students. Even if students defaulted on the loan, the government would have picked up where the students left off," said Calkins.

However, critics worry that such a shift will be detrimental to those who work in the banking industry. For instance, the banking community has actively voiced dissent in reference to this legislation arguing against educational savings as a means to cover health care costs. Concerns have been raised about the potential loss of banking jobs and mounting, unprovoked government involvement.

In addition to these hesitations towards student loan reform, funding towards education is also a source of contention. In an original estimate from the Congressional Budget Office, savings were approximated at \$87 billion. This figure is significantly higher than what is available and has resulted in cutbacks from the Student Aid and Fiscal Responsibility Act passed by the House in October.

The consequence of such cuts has eradicated plans to improve graduation rates from community colleges; although, these colleges will still receive some assistance resulting from the legislation.

QUESTION OF THE WEEK

With health care reform completed, what do you think Pres. Barack Obama's next domestic priority should be?

Go online at www.jcunews.com to place your vote, and tune in next week for the results.

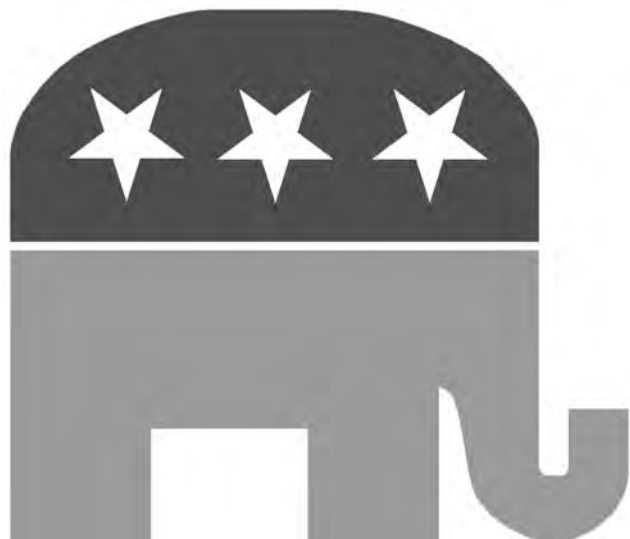
Last week we asked, "Do you think that Pres. Barack Obama's health care reform legislation will improve the country's health care system?" Out of a total of 14 votes, 79 percent (11 votes) said "Yes" while 21 percent (three votes) said "No."

Thanks for voting!

CASUALTIES

The Department of Defense confirmed the death of three U.S. soldiers in Iraq and three U.S. soldiers in Afghanistan during the week of March 14 – 20.

According to icasualties.org, a total of 4,386 U.S. soldiers have been killed in Iraq since Operation Iraqi Freedom commenced in 2003, while 1,025 have been killed in Afghanistan since Operation Enduring Freedom commenced in 2001.



HEALTH C

BY THE NUMBERS

- 0.9** - percentage increase on Medicare tax for individuals making over \$200,000 and families making more than \$250,000
- 10,200** - annual minimum amount of individual health insurance plans that will be taxed to keep health care costs down and pay for subsidies to the lower and middle class
- 695** - dollar penalty on individuals who choose not to get health insurance
- 50** - minimum number of workers a company can have without providing insurance; anything over results in fees from government
- 10** - percentage tax placed on indoor tanning services
- 46** - number of millions of Americans who did not have insurance before the passage of the bill

– Compiled from money.cnn.com

QUICK FACTS

- Children can remain on their parents’ plan up to age 26
- Illegal immigrants will not be able to purchase insurance, even if they use their own money
- In six months, children cannot be denied coverage based on pre-existing conditions
- In 2014, no adult or child can be denied coverage based on pre-existing conditions
- It will cover an additional 32 million people
- It will cost \$940 billion over 10 years
- It will cut the deficit by \$143 billion over first the 10 years and \$1 trillion the next 10 years
- It will create health-insurance exchanges to make the search for health care easier
- Most aspects will go into effect in 2014
- No federal funding for abortion except in cases of rape, incest and threat to the life of the mother

– Compiled from cbsnews.com



Speaker Nancy Pelosi of California, holding the gavel used to pass Medicare Reform, surrounded by a crowd, after passing health care reform March 21.

Historic day as h

Joe Toohey
Assist. World News Editor

“The bill is passed!” said House Speaker Nancy Pelosi (D-CA) after a late night session on Capitol Hill this past Sunday. Sweeping health care reform passed the House of Representatives and was signed into law on March 23 by Pres. Barack Obama.

Reform passed in a tight 219 – 212 vote after nearly a yearlong debate on the issue. No Republicans voted for the bill in addition to 34 Democrats who voted against.

According to House Minority Leader John Boehner (R-OH), Republicans believe the reform is a government take over of the health care industry and it will be a “job killer.”

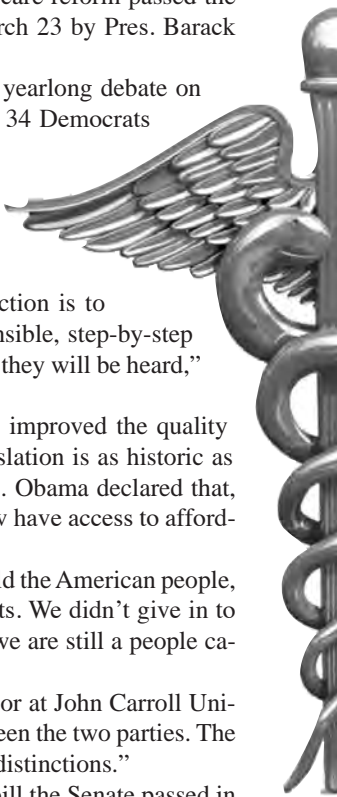
“Given this situation, the only responsible course of action is to scrap this job-killing monstrosity, and start over [with] sensible, step-by-step health care reform. The American people are watching, and they will be heard,” Boehner said.

Democrats, on the other hand, maintain that they have improved the quality of life for millions of American families and that this legislation is as historic as the creation of the Social Security and Medicare programs. Obama declared that, because of this reform, 32 million more Americans will now have access to affordable health insurance.

In an address following the passage of the bill, Obama told the American people, “We pushed back on the undue influence of special interests. We didn’t give in to mistrust or to cynicism or to fear. Instead, we proved that we are still a people capable of doing big things.”

According to Sara Schiavoni, a political science professor at John Carroll University, “It comes down to real ideological differences between the two parties. The size of government and the role it plays is one of the main distinctions.”

The newly signed reform is a reconciled version of the bill the Senate passed in



CARE 101



Obama, walks with other Democratic leaders to the Capitol before the House voted to

IMPORTANT DATES

Nov. 7, 2009 - The House passes its version of health care reform by a vote of 220 - 215

Dec. 24, 2010 - The Senate passes its health care bill by a vote of 60-39

Jan. 19, 2010 - Republican Scott Brown wins special Senate election in Massachusetts and ends Democratic super-majority in the Senate

Feb. 22, 2010 - President Obama unveils his own health care proposal, drawn from original Senate bill

Feb. 25, 2010 - Obama presides over a seven hour bipartisan health care summit at the presidential guest house

March 21, 2010 - House of Representatives approves sweeping overhaul to health care by a vote of 219 - 212

March 23, 2010 - Pres. Barack Obama signs health care bill, sending it back to the Senate to be amended through the process of budget reconciliation.

– Compiled from Reuters.com

Health care passes

a party-line vote on Dec. 24 of last year. The bill is mostly the same except for the additions made by Obama at the end of last month.

After Obama signed it, the reconciled bill was sent back to the Senate to vote on the changes.

The Democrats need 51 votes to pass the bill. However, according to CNN, Republicans have indicated that they will do whatever they can to stop it. NBC News Senate Producer, Ken Strickland, said there are 19 procedural ways that Republicans can kill the bill. He admits that although a lot of them are not likely, it is possible.

This includes a parliamentary procedure that allows for an unlimited amount of amendments and challenges to the reconciled bill before the final vote. This could stall the process for some time.

Before Sunday's vote, Pelosi told CNN that she expects the reconciled bill to receive the Senate's backing.

Also, in response to the passage of the bill, 10 states are planning to file a lawsuit that challenges the constitutionality of its stipulation that requires people to purchase health insurance.

According to CNN, the attorneys general from Alabama, Florida, Nebraska, North Dakota, Pennsylvania, South Carolina, South Dakota, Texas, Utah and Washington filed the suit after Obama signed the bill on Tuesday.

"I think the states have an interesting argument. They bring up real questions about Federalism and what the federal government can mandate of the states," said Schiavoni.

Though they claim the suits are not politically motivated, all 10 attorneys general are Republicans.

Florida Attorney General Bill McCollum said in a news conference on Monday, "There's no way we can do what's required in this bill and still provide for education, for foster care, for the incarceration of prisoners, all the other things that are in this bill."

According to the Congressional Budget Office, health care reform will cost a total a \$940 billion over 10 years, however, it will reduce the federal deficit by \$143 billion in that time.

WORD FOR WORD

"Health care is not only a civil right, it's a moral issue."
– Rep. Patrick Kennedy (D-RI)

"Baby killer!"
– Rep. Randy Neugebauer (R-TX) to Rep. Bart Stupak (D-MI), who was speaking during the intense health care debate on the House floor

"It's time to chill out, Republicans."
– Rep. Bob Filner (D-CA)

"There is no downside for the Republicans. Only for Americans."
– Michael Steele, chairman of the Republican National Committee

"He won, and the American public likes success."
– Sen. Sherrod Brown (D-OH) on Pres. Barack Obama.

"We plan to file the moment Obama signs the bill."
– Greg Abbot, Texas attorney general, on his intentions to challenge the constitutionality of the health care legislation.

JCU Baseball team readying for conference

Adam Miller
Staff Reporter

With three more games in the books this week, the John Carroll University baseball team sits at 6-5 after winning just one of their last three contests.

On March 16 in Washington, Penn., the Blue Streaks couldn't hang onto a four run lead in the late innings to lose by a final score of 9-8 to Washington and Jefferson College.

Although this was not a loss in conference play, every game is still crucial for the men on the diamond.

Going into the top of the sixth inning JCU was behind by a score of 4-3 and responded with five runs to take the lead by a score of 8-4 headed into the bottom half. Washington and Jefferson responded with a four-run inning themselves, tying the score at eight, headed into the seventh inning.

The Blue Streaks had runners on base, but just could not bring any of them across home plate.

The game then abruptly ended when Washington and Jefferson's Neil Pascarella hit a walk-off homer and gave the Presidents the final

run and win by a score of 9-8.

Last Saturday, JCU traveled to Kent, Ohio, to take on the Mavericks of Medaille College in a doubleheader. The series was split by the teams, giving each a win and a loss this past weekend.

Game one was looking grim as the Blue Streaks trailed by a score of 14-3 heading into the sixth inning.

Sophomore Dominic Varacallo hit a pinch hit three-run home run to bring the score to 14-6.

"Incredible," was how Varacallo described his first career homer. "It was like two years of hard work and trying to do things the right way all coming together on one swing of the bat," he said.

The homer wasn't enough to make much of a difference, other than the final margin in game one, but the momentum carried over into game two.

The Blue Streaks were up 3-1 early thanks to a two-run triple from sophomore first baseman Tom Hickey. He finished with three RBIs as he went two of four on the day at the plate.

In the third inning, JCU was up 4-3 and continued to bring runs home.

Ryan Pacyga and Joe Veltri both



File photo courtesy of JCU Sports Info Department

Senior Tim O'Brien and the Blue Streaks went 1-2 this past week.

had RBI singles to take the score to 6-3. Veltri ended the game three for four with two RBI.

The Mavericks of Medaille did

not quit.

JCU led 6-4 going into the final innings of the game and finally was able to put the Mavericks away

for good, scoring five runs in the seventh.

The man on the mound for the Blue Streaks in the winning effort, and earning his first win of the 2010 season, was sophomore Chris Eggleton.

Eggleton, a preseason player to watch according to Buckeye State Baseball, did allow four runs but managed to strikeout four Mavericks.

"Getting my first win under my belt was huge. I didn't throw as well as I would have liked to in Florida, but this outing was something positive to build off of heading into conference play," said Eggleton.

With the loss to Washington and Jefferson and the split with Medaille the Blue Streaks now sit at 6-5 on the year.

With OAC play set to open soon, junior shortstop Johnny Hastings said, [the team mindset] is "to start strong and finish strong, to go on and win the conference."

Next up for the men a split doubleheader with Montclair State University and Muskingum University in New Concord, Ohio, on Saturday afternoon. The game with Muskingum will be the first of the OAC season.

Track competes with Division I talent

Gene Natale
Staff Reporter

The John Carroll University men's and women's track teams kicked off the outdoor season Saturday, competing at the UNC-Charlotte 49er Classic in Charlotte, N.C.

In a field dominated by Division I teams, it was individual times and marks which mattered the most, rather than placing in each event.

"We had a really good first meet," head coach Dara Ford said. "I feel we did a good job taking advantage of the competition and the weather this weekend."

The Blue Streaks responded to the high level of competition with many top performances, led by David Hickey in the 400 meter hurdles. Hickey, a 2009 national qualifier in the event, ran the hurdles in 54.87. His time was good for a ninth place overall finish, and was only three-tenths of a second short from hitting the national provisional qualifying mark for the 2010 NCAA Championships.

"Dave had a great 400 hurdles, one of many very good performances of the meet," coach Ford said.

Hickey also had a hand in another solid performance by the men's 4x400 relay team, which finished ninth overall in 3:22.33.

The time represented a four-second improvement over the relay squad's best effort from the 2010 indoor season.

Also performing well for the men's team were Mike Minjock (seventh long jump, 6.67 meters) and Mike Hlatky, (seventh high jump, 1.85 meters). In placing seventh in their respective events, each was the top individual finisher for the men's team.



Photo by John Tarchick

Junior David Hickey and freshman Anthony Colbert were both members of the men's 4x400 relay team which finished ninth.

"In a Division I meet like Charlotte, it's always a good thing to see a couple of our jumpers place in the top eight," Ford said.

In keeping with the weekend's theme of strong showings, the women's team had a very productive weekend as well, led by the 4x100 meter relay team of Stephanie Charlillo, Maureen Creighton, Maribeth Keppler and Maura Stepanski. The foursome, which includes three freshman runners, was only one second from setting a new school record, finishing 12th overall in 51.24.

"Almost every member of the team had a good enough meet to enter into the discussion of best JCU performance," senior Tony Mihalich said. "But the 4x100 relay really stood out. We have some fast girls now, and the team is excited to see

what they are capable of – they're only going to get faster."

Creighton also was close to setting a school record in the 100 meter dash, missing the mark by only four-hundredths of a second. Her time of 12.70 was good for 24th place overall in the event.

Emily Tillmaand was the top individual finisher for the team, placing sixth in the 3,000 meter run in 10:58.38. She also posted a strong effort in the 5,000 meter run, traversing the course in a personal best time of 18:33.48.

Ford was encouraged by the weekend's performances. "I think our outlook is good for this outdoor season," she said. "We are coming along really well, and both teams are really improving like we would like to see them. They really showed up this weekend and competed hard."

Shaun Keenan selected to lead tennis program

Josh Borgese
Staff Reporter

John Carroll University made a change for the men's and women's varsity tennis teams, naming Shaun Keenan, the head tennis professional at River Oaks Racquet and Fitness Club in Rocky River, Ohio, as the new head coach of the program.

Keenan replaces Diane Koury, who stepped down from her head coaching post in January to pursue a job at New Albany Country Club.

"I am excited about being the new tennis coach at John Carroll University and I am ready to continue a winning tradition," said Keenan.

"My priority as the new coach is to create great team chemistry and teach them to utilize their strengths so they play their best in match situations. Our team goal is to get better throughout the season and peak at the right time to win the OAC Championships."

Keenan, a New Zealand native, is an alumnus of Wichita State University where he was an exceptional collegiate tennis player.

At River Oaks, Keenan manages and develops the junior and adult tennis programs. Such experience will undoubtedly help him as he leads the program.

JCU is the latest stop for Keenan, another stop on a tennis journey that started with him playing in Australia.

At one point, Keenan was ranked No. 2 in Western Australia in the under-18 age category and in the top 10 in all of Australia.

He then came to the United States to play at Wichita State, where he holds the school record for singles victories. He was ranked in the top 100 singles players nationally, in addition to being ranked 20th for doubles in Division I.

While attending Wichita State, he also earned the 1998 Scholar/Athlete of the Year Award.

In 1998 after graduating from Wichita State, he was working towards his master's degree in business administration at the University of Louisiana-Monroe, where he served as an assistant coach for the men's tennis team.

Laurie Massa, John Carroll University's director of varsity athletics and recreation, said that she is thrilled to have Keenan as the new leader.

"Shaun Keenan impressed us as someone with a high level of tennis ability and experience, passion for the game, and a strong desire to coach college athletes," she said.

"We believe he is a good fit for John Carroll, and will build upon the past successes of our tennis programs."

Keenan inherits a men's team that was 11-10 last year, and was 0-2 during the fall campaign.

The women's team went 9-11 a season ago, but won both of their matches in the fall before the stumbling in their opening games of the spring.

The men's team ended their season in the second round of the Ohio Athletic Conference tournament, while the women's team exited in the first round.

Softball team prepped for OAC run

Chris Koller
Staff Reporter

After a disappointing finish to their annual Florida trip, the John Carroll University softball team returned to Ohio and picked up two impressive wins against a tough Hiram College team.

The Blue Streaks dismantled the Terriers in both games of their home opener last Thursday, 3-1 and 15-2.

In the opening set of the twin bill, pitching and timely defense were key as sophomore standout Brittany Danilov limited her opponents to one unearned run on four hits in seven innings of work while striking out nine.

Danilov helped her own cause when she homered in the second inning.

Senior Laura Boselovic was the only player that tallied a pair of hits in the game.

The second contest saw a similar showing of dominance in the circle as senior Samantha Thompson pitched four innings, allowing only two earned runs.

Offensively, this game was a different story as JCU erupted for 15 runs on 15 hits.

Sophomores Erin Riccardi and Olivia Matthews each had three hits, with Matthews knocking in four runs. It took only five innings before the Blue Streaks had reestablished themselves as a team to be reckoned with in 2010.

“We started connecting with the ball better,” Boselovic said. “The games against Hiram showed us how good of a team we are and we just need to keep at it.”

Ohio Athletic Conference play starts this Saturday as the team will travel to Ada, Ohio to face the reigning conference champions, Ohio Northern University. The Polar



Photo courtesy of JCU Sports Info Department

Sophomore Brittany Danilov, shown here pitching in Florida, went the distance in game one against Hiram, striking out nine Terriers.

Bears ran through the league last season going 16-2 in conference play and 39-6 overall.

“In order to pull out two wins against ONU we will definitely need to score runs,” Thompson said. “They are a very strong offensive team, so in order to ensure a victory we are going to have to push across more than a couple runs.”

John Carroll lost two close contests to ONU last year and had a chance of winning both contests late in the game.

The early test will give JCU a good idea if they are ready to dethrone the class of the conference.

“To come out and get a sweep

of ONU would put us way ahead in the conference,” junior Angela Vistocco said. “We should be two of the top teams in the OAC at the end of the season.”

After going 13-5 in OAC competition last season, and returning the majority of the starters from that team, the Blue Streaks look poised to make a legitimate push at bringing a title back to University Heights.

At time of print, ONU, the pre-season No. 2 team in the country according to the National Fastpitch Coaches Association Division III poll, was 11-1 overall and ranked No. 10 in the country.

JCU ATHLETICS SCOREBOARD MARCH 17 - MARCH 23

Baseball

JCU	7
Medaille	14

JCU	12
Medaille	4

JCU Leaders -

Hits:	
Tom Hickey	5

Runs:	
John Skomra	3

RBI:	
Tom Hickey	4

Softball

JCU	3
Hiram	1

JCU	15
Hiram	2

JCU Leaders -

Hits:	
Olivia Matthews	4

Runs:	
Samantha Thompson	3

RBI:	
Brittany Danilov	5

*If you are a member of a John Carroll University club sport and would like your results published in The Carroll News, please send scores by 5 p.m. on Sunday to:

jcunews@gmail.com

Men's Tennis

JCU	0
Case Western	9

Women's Tennis

JCU	1
Case Western	8

Track and Field

Charlotte 49er Classic

Unscored Meet

JCU Top Performer -

Mike Hlatky:
Seventh (High jump)

Mike Minjock:
Seventh (Long jump)

Emily Tillmaand:
Sixth (3,000 meter run)

Men's Lacrosse

JCU	5
Grove City	13

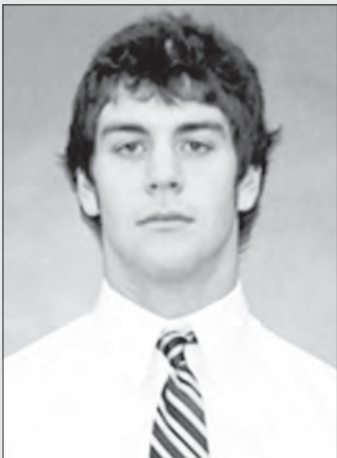
Women's Lacrosse

JCU	6
Miami	22

JCU	8
Western Michigan	13

JCU	3
Michigan State	13

STREAKS OF THE WEEK



Baseball



Tom Hickey
sophomore

In the Blue Streaks doubleheader against Medaille College, which they split, the sophomore first baseman went five for nine with four runs batted in. He also scored two runs.



Track and Field



Mike Hlatky
sophomore

Hlatky carried his successes from the indoor season to the outdoors as he took seventh place in a talented high jump field. Hlatky's best leap of the day helped him clear the bar at a shade over six feet.



Track and Field



Emily Tillmaand
senior

Tillmaand led the charge for the women at the unscored Charlotte 49er Classic. She recorded a time of 10:58.38 in the 3,000 meter run to earn a sixth place finish, well ahead of many Division I athletes.



Track and Field



Mike Minjock
freshman

Of the 44 competitors, including numerous opponents from NCAA Division I and Division II schools, Minjock placed seventh in the long jump by clearing 21 feet and 10 inches.



Softball



Brittany Danilov
sophomore

Danilov helped the Blue Streaks sweep a doubleheader with Hiram College. She stole the show in the first game when she went the distance and struck out nine while hitting a two-run homer herself.

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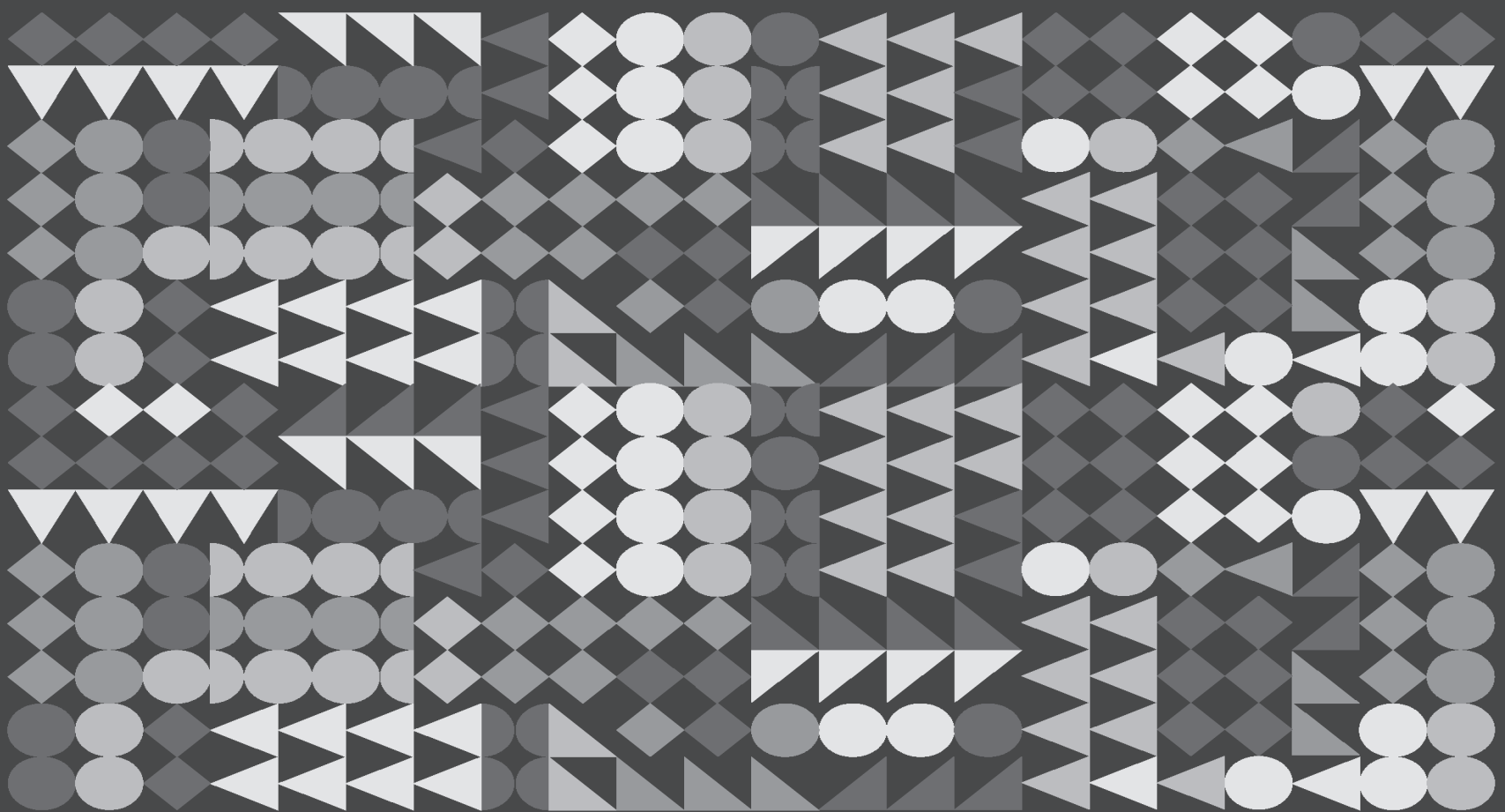
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Easy

		9				3	2	
	3		7	5	2			6
7		2	6	9	3	1		
				7		8	5	1
4	6	8		2				
		6	9	8	5	7		2
2			3	6	7		1	
	9	7				6		

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Tough

			5					
	4		9					
8		2		3			7	
2						4		
	7	8		9		6	5	
		1						2
	6			1		3		5
					5		1	
					8			

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Super Tough

7					2	6		
				7	8			
9	4		1					
					7	9		
5		2				7		6
		3	6					
					6		1	8
			4	9				
		5	2					9

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Super Tough Sudoku winners will receive a copy of the next CN personally delivered by Diversions editors Bob Seeholzer and Jeff Sigmund to their dorm room and/or off-campus residence.

Name That Toon!

The following picture relates to a popular song. The first person to submit the correct answer will get his/her name and picture in the next CN! Just fill in your guess along with your name and e-mail then drop off your submission at the CN office to win!

LAST ISSUE’S NAME THAT TOON WINNER



Tori Shelton
Last week’s
Toon:
“Summer Girls”
by LFO

Song artist/title: _____

Name: _____

E-mail: _____

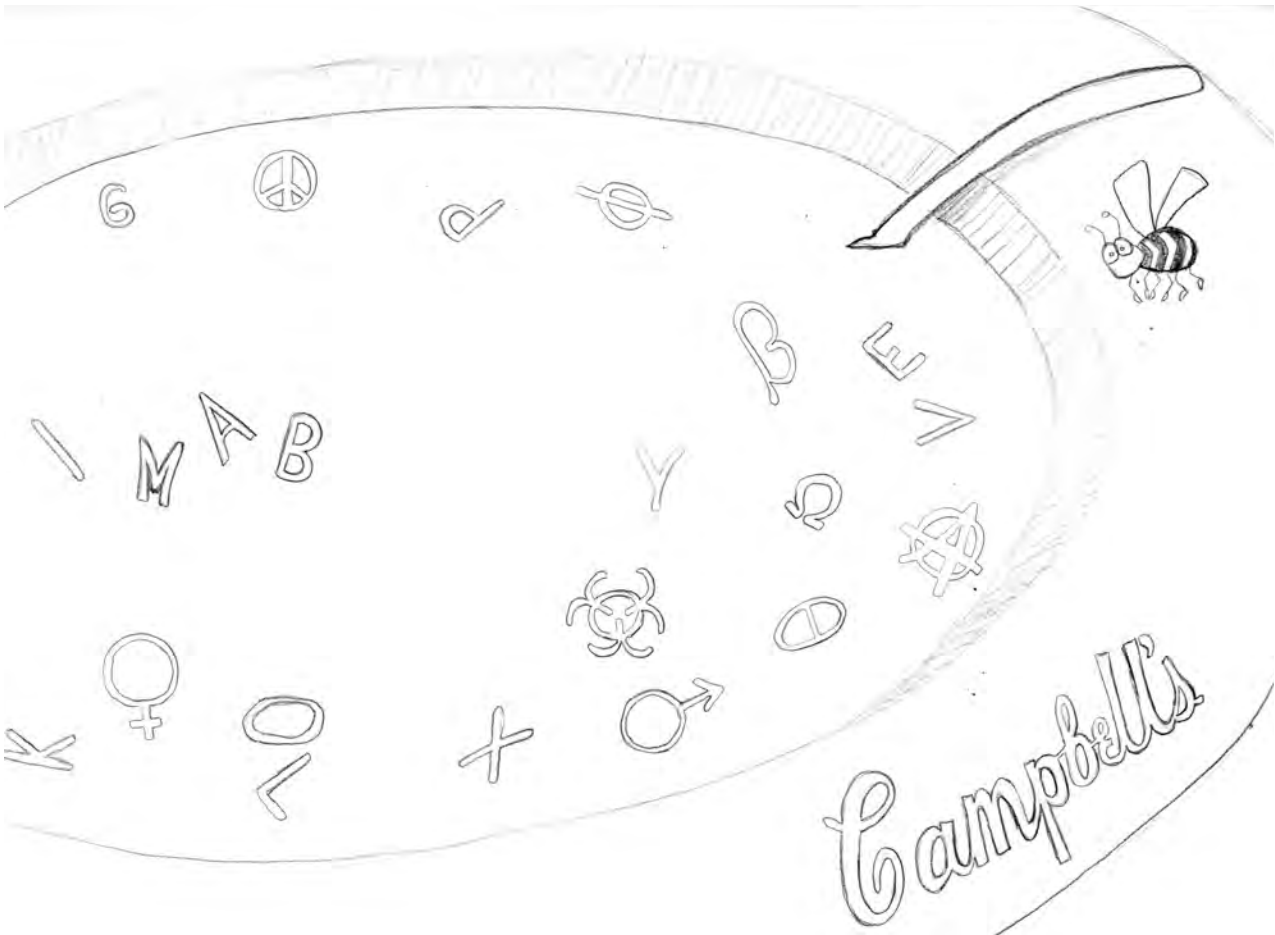
WHAT THE TOON DOESN’T SAY ABOUT THE TUNE:

“Honeys in debt, we be bouncin’ them checks, but I don’t really mind when they bouncin’ them checks ”

The first correct responder to “Name That Toon!” will receive his/her name and picture in the next issue of The CN and a \$5 gift card to Panera Bread. Sponsored by Panera Bread at 20060 Van Aken Blvd. in Shaker Plaza.



The next five people to respond correctly will receive two ticket vouchers to the Cleveland International Film Festival!



Editorial

President's presence under-appreciated

We commend Student Union in their efforts to bring the Rev. Robert Niehoff S.J. to the March 23 Student Union meeting. John Day, academic vice president, Mark McCarthy, vice president of student affairs, and Sherri Crahen, dean of students, were also in attendance. At the meeting, students and Student Union senators were able to submit questions on note cards that Niehoff directly addressed, such as enrollment and the Hamlin Quad.

We commend Niehoff for attending the meeting and willingness to answer students' questions. However, The Carroll News thinks that his opening statement was too long. The event was advertised to students as an open forum where they would be allowed to ask questions. Due to the length of his comments, however, only nine student questions were answered. The information that Niehoff presented was interesting and important to be informed about, but wasn't necessarily relevant to what the students were curious about, and thus negated the purpose of the meeting. In future Student Union forums we feel that the opening comments should be limited to a few minutes so that more student concerns can be addressed.

In his opening and closing statements, Niehoff covered a multitude of issues that he is currently trying to solve and reiterated that he is not always the proper person to contact about many of problems that the students have. Niehoff said that students and parents should contact the heads of the proper departments in order for concerns to be addressed more quickly and effectively. He said multiple times that some of the concerns brought to him by students are not within his area of expertise. The example Niehoff used were student and parent letters he has received about the parking situation.

The Carroll News believes that Student Union should take Niehoff's advice and invite more administrative leaders, that pertain to current and specific issues, to an open forum. This would be beneficial because more questions would be properly and sufficiently answered while reducing animosity towards Niehoff.

In his statement, Niehoff also placed lack of student knowledge on issues of the student representatives. On each board within the University there are Student Union appointed representatives. Niehoff mentioned that recently many boards have complained about the student delegates' rate of absences.

The past group of representatives was at fault for the lack of attendance at the previous board meetings. Now that the new representatives have been appointed, there is an opportunity to improve communication between these committee representatives, Student Union and the administration, in hopes that the information will trickle down into the student body.

Furthermore, students need to be made aware of who the representatives are and should be provided with contact information on Student Union's Web site. These delegates should be held responsible for their attendance at these board meetings as well as communication between the committees and Student Union.

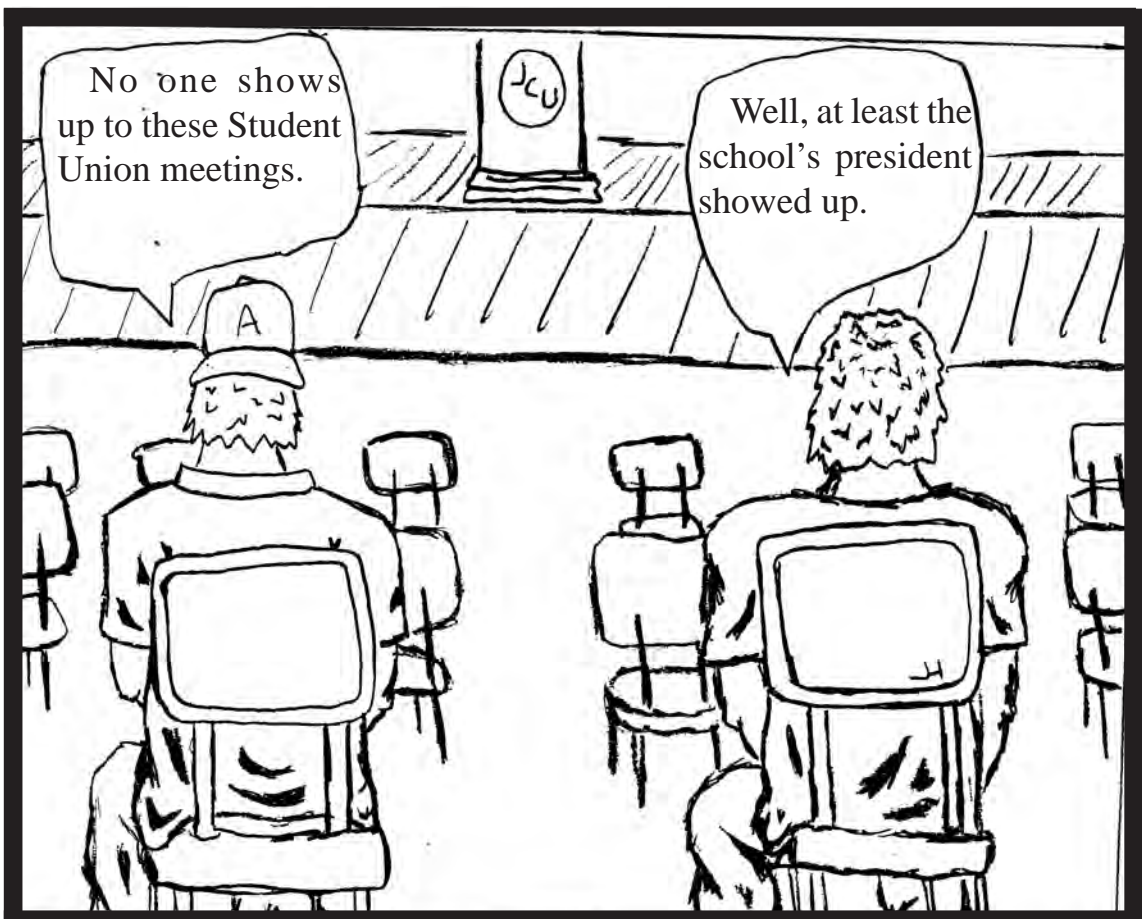
Although Niehoff's point about better attendance by student representatives is valid, The Carroll News believes that Niehoff should make a more concerted effort to make himself accessible to students on campus in general. Some possible ways of doing this would be to eat in the dining hall a few times a month or to show up at Student Union meetings when in town.

However, Niehoff is not completely at fault for his lack of visibility to students. Earlier this year there was a major outcry for Niehoff to have a stronger presence on campus. Students were furious that he was not able to attend meetings and attacked his motives. On Tuesday, they had the opportunity to confront him about their concerns and allow him to address problems on campus, but they did not bother to attend.

The lack of student participation was disheartening. Considering the amount of advertising combined with the general complaints of people on campus, The Carroll News feels that the low student attendance level at the meeting was inexcusable. Many people assert that they are uninformed about University issues and that they have never seen Niehoff in person, but here was an open forum opportunity to talk with Niehoff, and students failed to attend.

Students have the responsibility of holding Niehoff accountable, but Tuesday illustrated student ambivalence. In failing to provide a strong turnout, students may have given Niehoff the impression that his presence is not necessary.

It is extremely disappointing that our student body was so apathetic and uninterested in an event of such importance. Each student, not just class senators, acts as a voice that should be heard. With only 12 students showing up, an unfortunate message was sent: The student body simply does not care.



Cartoon by Joe Hinkel

NOTABLE QUOTABLE



“We are not bound to win, but we are to be true. We are not bound to success, but to let whatever light we have shine.”

-Quote by Abraham Lincoln used by Pres. Barack Obama to rally Congressional Democrats in their fight for health care reform.

HIT & miss

Hit: Big Z returns to the Cavs **Hit:** The Rev. Robert Niehoff S.J. at Student Union meeting **miss(ing):** Students at the meeting **miss:** Improper usage of a boombox **Hit/miss:** Health care reform **Hit:** NCAA March Madness **Hit/miss:** Underdog teams in the Men's NCAA tournament kicking tail **Hit:** Jeanne Coleran named Dean of the College of Arts & Sciences **Hit:** First thunderstorm of the season **Hit:** Easter Break begins Wednesday after classes **Hit/miss:** Marinello One Acts **miss:** No Carroll News for April Fool's Day **Hit:** Labre Movie Series **Hit:** Cleveland Cavaliers clinched Central Division ... again **Hit:** MLB season officially starts next week **miss:** Cleveland Indians will probably underachieve this year

e-mail your hits & misses to jcunews@gmail.com

The Carroll News

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OURVIEW

Reproductive organs and getting 'Nexted': the true story of Chatroulette



Jennifer Holton
Arts & Life Editor

I have a confession to make about my newest guilty pleasure: Chatroulette.com. It seems as if Facebook has found some competition in being the newest way to procrastinate for a college student.

Of course, something this enticing could only come from the Internet; but unlike Facebook, where there's an extent to which you can look at the newly uploaded photos from your friends' weekends, Chatroulette can hold your attention for a longer amount of time.

Chatroulette.com, created by a 17 year-old Russian high-schooler, is, in a nutshell, an uncensored Skype on shuffle that is on steroids.

People don't need to register to use it, though the site asks they be at least 16 years old. Crowding around your laptop with your friends, in my opinion, is the best way to do it, as I would never venture into doing it solo. That just seems creepy.

Here's how it works: as you're

matched randomly with a complete stranger, you can sit and Web chat with the ability to instant message as well.

However, once you're not feeling it with this individual anymore, a simple click of the "next" button will connect you with another stranger, as your previous partner is catapulted somewhere else into cyberspace.

The chance of finding them again is close to one in a million. To me, Chatroulette is humorous, and if taken seriously, can be a complete self-confidence killer. The trick is to not take the notion of being "nexted" seriously. Hopefully, no one takes it to heart.

Otherwise they will feel like the pubescent kid in junior high gym class who doesn't get chosen to play basketball.

The other humorous effect of Chatroulette is something I'm sure anyone has seen if they've been on the site for longer than five minutes.

The absurd amount of male genitalia on this site is outrageous, and even more outrageous if you're computer freezes because you keep clicking next over and over due to the fact that you and your friends just want what's going on to disappear.

Chatroulette bans "obscene, of-

fending, pornographic material" and says it will block users who violate these rules, although that does not seem to trouble some people.

Still, as many weirdos as there are out there, my roommate and I did seem to find some normal people in the midst of what seemed like a compilation of deleted scenes from a porno.

We got to put to use our five years of high school level French with an 18 year-old French-speaking guy from just outside of Paris. He knew about as much English as we did French, it turned out.

After the usual, "hello," "where are you from?" and "how old are you?" were exchanged, my roommate and I found that we were lacking in the translation department.

Unfortunately for him, we weren't as fluent as we thought we were, as he became frustrated with our amateur translations we concocted via an online translator. We were "nexted" after seven minutes.

Countless people and male sex organs later, we realized homework was the more productive way to go. Still, that doesn't stop people from signing on again when they come to a boring point in their studies.

Contact Jennifer Holton at
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CHAPstick: it's an addiction



Lena Chapin
Editorial & Op/Ed Editor

Over the past few weeks, I have noticed a strange phenomenon. I'm referring to multiple, almost dismissible references to those Broadway favorites whose lyrics are forever seared into the back of your mind. I'm serious, it's everywhere. You know what my favorite part about it is? They've almost all been made by men.

I mean, I expect myself to be busting out some box steps and singing at the top of my lungs, but to walk into the newsroom and see two 22-year-old self-proclaimed chauvinists jamming out to "Defying Gravity" was a bit out of the norm. It was quite entertaining though. The boys were taking a study break for a bit of inspiration and what better song to choose that that one? "No wizard that there is or was, is ever gonna bring me down!" See?

Later that week, in not one, but three of my classes, the song "My Favorite Things" from "The Sound of Music" came up. It was pretty funny watching professors Brian Macaskill and George Bilgere reference the song and then hum the next few lines in their heads. "Raindrops on roses and whiskers on kittens" said by graying men with their doctorates is always amusing, but picturing these two in lederhosen added to the hilarity. Even professor Patrick McBrine sang a bit of the ditty in my medieval literature class, changing the lyrics and adding his own medieval-themed words.

My professors aren't the only ones making musical references, though. It's been the trend for television shows to do musical episodes. One of my favorites, by far, has been the rendition of "West Side Story" in "Scrubs." It only lasted for a few seconds, but seeing Turk and J.D. snap and sashay down the hallway made the season. "Always Sunny in Philadelphia" took it to the next level by writing their own musical. Their "The Night Man Cometh" was

Musical machismo

definitely a hit. Charlie can compose a musical for me anytime as long as he doesn't let Frank, Dennis and Mac anywhere near it.

I think the reason that this phenomenon has caught my attention was because of my past. You see, I grew up without cable, so I spent my time watching musicals on VHS over and over. I'm pretty sure I watched "Fiddler on the Roof" about 73 times. The best part of it was that my dad would generally watch and sing along. His favorite musical is "West Side Story" and it's very apparent when my niece Aaliyah is around. "Aaliyah. I just met a girl named Aaliyah," he'll sing.

I grew up thinking my dad was the best man in the world. I thought he looked just like Indiana Jones and could solve any problem. I especially thought that he was awesome when he would take me to the musicals. I remember going to see "Grease" when I was, maybe, eight and listening to the soundtrack the whole way there and back. Though, these days, he doesn't resemble Harrison Ford and he can't decide my life for me, I still thank him for the fact that when I was little I thought that every man was a musical fan.

I find it sad that these days it's not necessarily "cool" or "macho" to be a fan of musicals. I think that all men should embrace the awesomeness of singing and dancing through life events. I encourage all men to go against this oppression of appreciation.

Why not swing around the light posts in O'Malley once in a while and belt out a line from "The Music Man?" Why not learn every word to "9600" from "In the Heights" (it's pretty hip, despite the fact I described it as hip)? Why not let the world know that you absolutely love "Wicked"? You'll feel so much better, probably attract more girls (or at least cooler ones) and you'll bring me one step closer to achieving my life goal of living in a musical.

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Wonderword

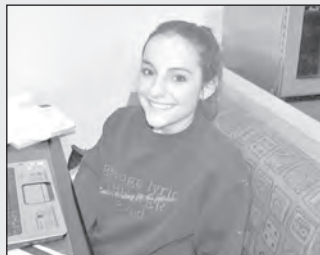
What does fatidic mean?



"Very tired and stressed out."
Danielle Maholtz,
junior



"Pathetic or low."
Rico Lubrano,
sophomore



"A fat idiot."
Morgan Ray,
sophomore

Fatidic means of, relating to, or characterized by prophecy.

That's what See said: Introducing the masculine mystique



Bob Seeholzer
Managing Editor

In honor of women's history month, I think it's an appropriate time to talk about sexism.

It's been a problem for a long time in America, but now, in 2010, it's really starting to get out of control.

Women are being shown too much favoritism, and it needs to stop.

I figured that society had finally

moved beyond this kind of discrimination, that we had realized that all men are created equal and deserve the same rights and respect as women.

I was wrong.

I can't think of a more extreme example of this kind of discrimination than John Carroll University.

If you look at the leaders of the major student organizations on campus, you'll notice that they're all women. Other than the wrestling team, which doesn't have any females on it, the system has been rigged to promote female empowerment.

Student Union president? Woman. CLC chairperson? Woman. Hip Hop Dance Club president? Woman. President of Kappa Alpha Theta?

Woman. Carroll News editor in chief? Little woman.

I think you get the point.

This is the kind of thing that makes me wish the 19th Amendment had never been passed. It's time for equality to make a return.

Where's the affirmative action policy? There's no way we've reached our quota for male leaders at this university. You can't tell me that just because the Rev. Robert Niehoff S.J. is a man and he's the president of the University that it balances out, because it doesn't.

All priests have to be men, stop being ignorant of Catholic dogma.

And then there's arguably the most controversial issue of all: maternity leave.

So you're pregnant and need to

take care of a baby, big deal. Why are women shown that kind of preferential treatment? Why don't all companies offer paternity leave? Men are the ones who have to put up with their pregnant, hormonal women. I think those courageous heroes deserve some time to recover as well.

I dream of a day where men can freely post photo albums on Facebook of a "dudes' night out" where there are six consecutive photos featuring attempts at the same pose.

An album that has pictures from every stop of the night, from lunch at Chipotle to the first can of Natty Light to the last shot at City & East to the night-ending meal at Jimmy John's. And, of course, the title of the album will be some line from an

overplayed rap song that was heard that night.

That's the "land of the free and the home of the brave" that I envision.

After making such a poignant case for male equality, it would be ignorant of me to just expect the situation to fix itself without a real movement behind it. So I ask you, the reader, to join me in standing up for what's right and bringing this discrimination to an end.

It was my job to bring this problem to your attention, but it's your responsibility to take action and find a solution.

Sexism, much like forest fires, can only be prevented by you.

Contact Bob Seeholzer at
rseeholzer11@jcu.edu

The Op/Ed Top Ten:

Things you don't want to see
on Chatroulette

1. Male Reproductive organs
2. Joe Biden
3. Kim Meadows
4. The Jonas Brothers
5. Wolf Blitzer's beard
6. Richard Simmons
7. Waterboarding
8. Dakota Fanning
9. Your mom
10. The lady from the movie 'The Ring'

-Compiled by Lena Chapin and Craig Willert

POLITICAL VOICE

A victory for America



Dan O'Leary
Staff Reporter

Over the past several months, I have had the privilege to have followed and reported on stories surrounding the issue of health care reform in this country. During this period of time, I have experienced moments of frustration, confusion and disappointment. This past Sunday, these feelings were finally substituted with happiness. I never thought surpassing the mere number of 216 would bring forth such a profound emotion, but with a majority vote of 219-212 we have seen our country advance before our very eyes.

After hearing the heart wrenching stories of those with inadequate health care coverage, and reading the writings of the late Senator Edward M. Kennedy (D-MA) who called health care reform 'the cause of his life,' I came to the realization that reform was essential and could not wait any longer. Employment status, financial resources, and the type of sickness one has, should not be factors that decide whether an individual can have access to needed medical attention. Health care coverage is not a luxury that is meant to be enjoyed by the upper echelon of society; it is an undeniable human right.

Health care coverage is a fundamental right that needs to be protected and upheld by our government. Up until now, our democracy has failed to fulfill its obligation to the people of this great nation. Too many people have suffered, and too many lives which could have been saved have been lost. Government

should exist to protect and preserve the lives of its people. With this landmark legislation, people from all walks of life, from every region of this country, will be able to attain quality and affordable health care.

The bill is not perfect; no bill produced on Capitol Hill in this political climate ever is. However, this bill is a positive step toward universal health care. At the core, this bill provides for the principles that will positively influence lives of Americans, and change the way the health care industry conducts business entirely.

Health insurance market exchanges will be established, which will allow for a greater amount of choices and drive down prices for the consumer. Insurance companies will no longer be able to deny individuals for pre-existing conditions. This concept of ending discrimination among patients is elementary and just; people, sick and healthy, should be relieved that this evil practice of denial has seen its last days of use. Finally, this bill will extend coverage to over 32 million Americans who are currently uninsured. This expansion to men, women and children who are in need, and are victims of exploitation by the current health care system, is a cause for celebration.

This journey toward reform has been tough and indeed a struggle of epic proportions. It has brought out the best and worst of our politicians and our citizenry. The passage of this reform by the House is utterly historic and the true impacts of this legislation cannot be expressed in words alone. However, the work on this matter is not done. The progressive movement and desire for social justice has yet to be completed. President Barack Obama and the Democratic leadership in the House and Senate deserve praise. Yet, at the end of the day, this passage is not just a political victory for the White House or the Democratic Party, it is a victory for all Americans.

Sher it like it is:

People are stupid



Katie Sheridan
Editor in Chief

People are stupid.

A 17-year-old in Kennewick, Wa. is one of those stupid people. Because he is underage, his name hasn't been released, but to make this story easier to understand we'll call him Smith. Smith is probably a lot like any other 17-year-old. He might enjoy video games, skateboarding, oh, and watching a little porn at the local office furniture store.

That's right, our dear friend Smith made a series of stupid choices, one of which was watching porn in a store. But since he is our "dear friend" we can easily, and sarcastically, justify his actions.

First, Smith broke into Bella Office Furniture. It was a risky move, but how else could he ensure that the furniture was up to his standards?

Next he got on the office computer, logged onto the Internet, and checked out his MySpace. He most likely needed to update his status to, "hanging in Bella Office Furniture, hit me up if you want something." In fact, according to an AP report,

he also used the office computer to start selling the merchandise he had stolen. He must be a smart kid, I mean, why not kill two birds with one stone? This way he wouldn't need to take more than necessary, and if the clients had specific requests he could satisfy those needs more efficiently.

And when Smith had finished business, it was time to watch a little porn. By that time, he had a hard day at the office (furniture store) and he needed to relax. As Oprah has said, "You can't take care of others, until you take care of yourself."

It turns out that from the police officers' perspectives, his actions weren't quite as justifiable as I tried to make them. And, his "smart" move of logging on to MySpace, well, that may have been a dead giveaway.

Smith certainly has a lot to learn, and as my fellow editor, Bob Seeholzer pointed out last week, the Internet can be a dangerous place.

I think Facebook and MySpace are possibly two of the most dangerous places. Not only will they help the police figure out if you broke into a store and used a computer, but they could also provide your address, telephone number and birth date.

When I logged on to my Twitter this week, something I rarely do, it said that I could include my location with my tweets. Now, is it really necessary for everyone to know where I am?

A Web site called pleaserobme.com is trying to say just that.

According to their Web site, the creators don't want anyone to get robbed, but they are pointing out Facebook and MySpace users' stupidity.

When you share with people where you live, information about the new flat-screen TV you just bought, and that you're going to the movies for the night—guess what; you just asked to be burglarized.

A man named Michael Fraser knows a little something about the way a burglar thinks. Fraser works for BBC as a "reformed burglar." It is an interesting title, but he has turned over a new leaf and is making a career out of it.

This "expert" calls social media sites "Internet shopping for burglars." According to an article on Reuters.com, "[Aside from] information about [people taking] trips, people [are] posting party photos, showing the interiors of homes, and also chatting about their cool new purchases and presents."

Fraser said, "It is incredibly easy to use social networking sites to target people, and then scope out more information on their actual home all from the comfort of the sofa."

So, while Smith made a lot of stupid choices, just having a MySpace account may have been the biggest mistake in his eyes. Before you leave for the weekend, or steal from a store, think of Smith and don't share too much personal info or update your social network site profile.

Contact Katie Sheridan at
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Almost Free

by Kath Duncan

"It says here the number of puppies born out of wedlock is increasing. I wonder why?"



"I can't think of one legitimate reason."

The Carroll News reserves the right to edit letters for length and to reject letters if they are libelous or do not conform to standards of good taste. All letters received become the property of The Carroll News. Anonymous letters will not be published unless the source reveals his or her identity to The Carroll News and the situation is deemed appropriate in its anonymity. Letters to the editor must not exceed 500 words and must be submitted to jcunews@gmail.com by 5 p.m. on Sunday.

CLASSIFIEDS

Help Wanted

The UPS Store

Now hiring for customer service positions. Part-time flexible hours. Students must be friendly, focus on the needs of others and provide top notch customer service. Must present a professional approach and have good typing and data entry skills. Work around your school schedule. Minutes from JCU Located at Cedar and Warrensville Center Rds. Apply in person 216-371-9300 store1240@theupsstore.com

Part-Time Sitter NEEDED for occasional Evenings and Weekends in Bedford, OH area. Must have transportation. References required. GREAT PAY!!!! Please call (440) 786-7239

Childcare/Tutoring/Household Help sought. Beachwood family with 4 children, ages 4-13, expects twins in March/April. Seeking help with: housekeeping, cooking, homework; playing, chore supervision, grooming kids. Ideal candidate is reliable, disciplined, energetic, upbeat, experienced with children, creative, fun, and enjoys big families. References required. Compensation \$10/hr. Help needed at various times, especially 4:00 – 9:00 p.m. Interested individuals should e-mail [HYPER-LINK "mailto:Amalyikah@gmail.com"](mailto:HYPER-LINKmailto:Amalyikah@gmail.com) Amalyikah@gmail.com or call (216) 297-9341.

The Mayfield Sandridge Club Grounds Department is seeking dependable, hard working individuals who enjoy working in an outdoor environment. Job duties may include but are not limited to mowing greens, tees, fairways and rough. 40 + hours a week and uniforms are provided. Please apply in person at The Mayfield Country Club Grounds Department, 1545 Sheridan Road South Euclid. For directions call 216-381-0078.

For Rent

Great house for rent starting June 2010. 5 bedrooms 2 Full Baths 1800 Sqft 2 miles from campus. sellersna@gmail.com or 216-469-4402

RESERVE NEXT YEAR'S HOUSE NOW, BEFORE THE GOOD ONES ARE GONE! Nice, well-kept 4 bedroom, 2.5 bath house, great So. Euclid location, close to JCU. Energy efficient, air, all appliances, plenty of parking, lots of updates. Owned by JCU alum, available June 2010. jmbernot@aol.com or 440-336-2929 for info/tour. Facebook... 'Bernot College Rental Houses'

House for rent on Cedar near Belvoir. Three bedrooms, two full baths, ample parking. Available June. Call (216) 536-7136

On Warrensville Center Road near JCU two Family Houses that are three bedroom suits. Very clean and well maintained. Large rooms garage space and all appliances included. Available June 1st! GOOD ONES GO FAST. SO GET STARTED NOW. Call Mike Jr. 440-336-4254 or Mike Sr. 440-724-6654

Single Family Home for Rent on Wyncote Rd near Cedar and Belvoir, 4 bedrooms, 1.5 bath, AC, appliances, finished basement. \$1200 /month Call 239-233-5770.

Newly remodeled 4 bedroom 2 bath with all appliances house. Less than 10 minutes from JCU low rent call Charles at 216-402-9653 for showing

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2 Family Houses on Warrensville and Meadowbrook-8 minute walk to campus. Each suite has 3 bedrooms, living and dining room, kitchen, 2 baths, central air, alarm system and all appliances including dishwasher. Call 440.821.6415

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University Hts. Duplex Home for Rent \$950 1st Floor: remodeled, 2 bedrooms, full bath, kitchen, living room, dining room, plus basement with 2 ½ additional bedrooms and full bath. \$750 2nd Floor: remodeled 2 ½ bedrooms, full bath, kitchen, living room, dining room. Both units have newer furnaces and air conditioning and share laundry room, garage and driveway. Please contact Dan 216-374-5220

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Houses for Rent on Warrensville Center Road call Grace at 216-751-4519

Walking distance to JCU. 4 bedroom, 2 full baths, all appliances including washer/dryer, lawn/sewer/snow removal included, finished basement, fireplace, balcony, front and back deck. 216- 870-1886

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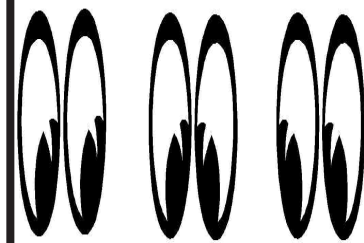
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1 or 2 roommates needed to share nice house on Warrensville Center Road. Separate bedrooms, living room, dining room, all appliances and garage included. For more details please call 216-401-7755 or 216 292-2121

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